

DAYBREAK ADULT DAY SERVICES

SAMPLE LUNCH MENU

Mon	Tue	Wed	Thu	Fri
			1 Tomato Soup Fish Sandwich with Cheese Seasons Green Peas Peaches	2 Chicken Rice Casserole Seasoned Mixed Vegetables Dinner Roll with Butter Pears
5 Minestrone Soup Ham & Cheese Sandwich with Lettuce & Tomato Seasoned Carrots Applesauce	6 Spaghetti with Meat Sauce Tossed Salad with Dressing Garlic Bread Baked Apple	7 Beef Noodle Casserole Steamed Broccoli Dinner Roll with Butter Mixed Fruit	8 Vegetable Beef Soup Tuna Salad Sandwich Coleslaw Mandarin Oranges	9 Barbecued Chicken Seasoned Rice Broccoli Dinner Roll with Butter Peaches
12 Tomato Soup Chicken Fillet Sandwich with Lettuce & Tomato Green Beans Applesauce	13 Meatloaf Mashed Potatoes Green Peas Dinner Roll with Butter Peaches	14 Macaroni and Cheese Stewed Tomatoes Lima Beans Cornbread with Butter Pears	15 Chicken Noodle Soup Egg Salad Sandwich with Lettuce & Tomato Green Peas Mandarin Oranges	16 Lasagna Tossed Salad with Dressing Dinner Roll with Butter Mixed Fruit
19 Potato Soup Fish Sandwich with Cheese Mixed Vegetables Peaches	20 Chicken Tenders Mashed Potatoes Green Beans Dinner Roll with Butter Peaches	21 Sausage Pancakes Hash Brown Potatoes Fresh Strawberries	22 Bean Soup Ham Salad Sandwich with Lettuce & Tomato Seasoned Carrots Mixed Fruit	23 Turkey & Cheese Sandwich with Lettuce & Tomato Mixed Vegetables Pears
26 Vegetable Soup Sloppy Joes on Bun Coleslaw Peaches				